

Agenda Item 4



REDS COMMUNITY

FIT REDS

THEORY SESSION

Learn about various healthy lifestyle changes with our qualified advisors such as improving your diet, physical activity, weight management, nutritional advice, health issues and safe alcohol use.

ACTIVITY SESSION

Physical activity sessions are delivered by qualified instructors. The instructors are very experienced and they will personalise sessions to suit your needs and abilities, helping you to reach your goals.

REGISTER TODAY

TELEPHONE - 01226 211333
EMAIL - sean.marginson@barnsleyfc.co.uk
ONLINE - www.barnsleyfccommunity.co.uk

YOUR NEXT FREE COURSE IS:
North East Area Council
Cudworth, Monk Bretton, North East, Ropley

REDS COMMUNITY

FIT REDS LADIES

THEORY SESSION

Learn about various healthy lifestyle changes with our qualified advisors such as improving your diet, physical activity, weight management, nutritional advice, health issues and safe alcohol use.

ACTIVITY SESSION

Physical activity sessions are delivered by qualified instructors. The instructors are very experienced and they will personalise sessions to suit your needs and abilities, helping you to reach your goals.

REGISTER TODAY

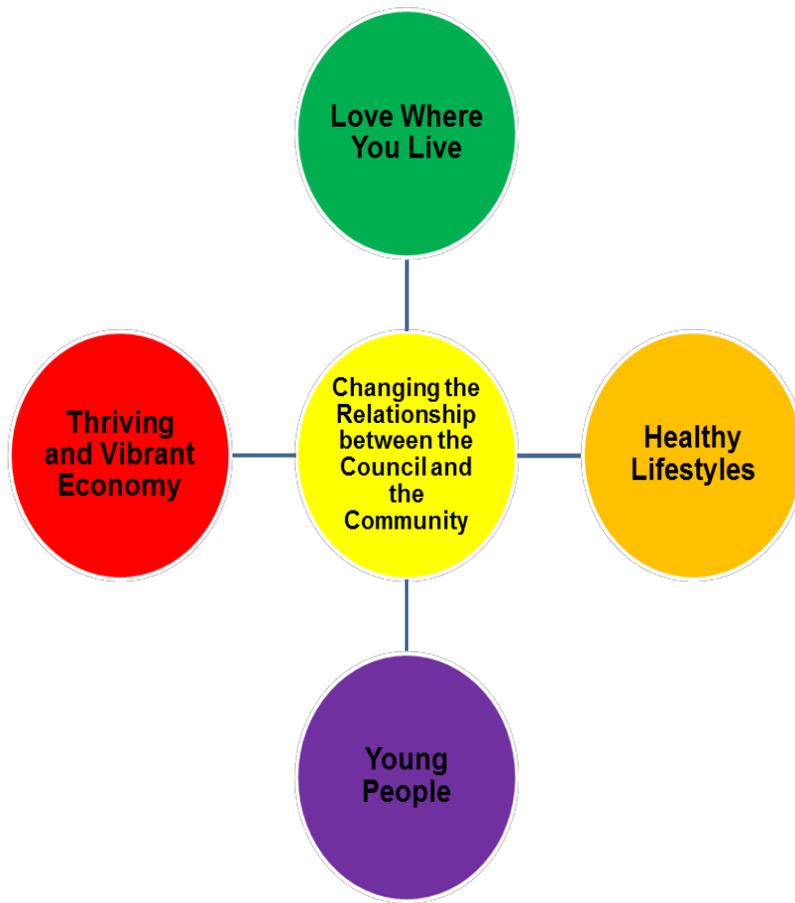
TELEPHONE - 01226 211333
EMAIL - sean.marginson@barnsleyfc.co.uk
ONLINE - www.barnsleyfccommunity.co.uk

YOUR NEXT FREE COURSE IS:
North East Area Council
Cudworth, Monk Bretton, North East, Ropley

September 2019



The North East Area Council Priorities



Community Cohesion and Integration

The table below shows the Providers that have now been appointed to deliver a series of services that address these priorities, and deliver the outcomes and social value objectives for the North East Area Council. It can be noted that a number of projects are still in the development phase.

	Service	Provider	Contract Value/length	Contract start
Love Where You Live	North East Environment Team - Cudworth and North East	Barnsley Community Build	£135,000 18 months (extension granted April - June 2016)	1 st September 2014 Contract complete
Love Where You Live	North East Environment Team - Monk Bretton and Royston	Barnsley Community Build	£135,000 18 months (extension granted April - June 2016)	1 st September 2014 Contract complete
Love Where You Live	Environmental Enforcement	Kingdom Security	£91,990 21 months	4 th August 2014 Contract complete
Love Where You Live	Environmental Enforcement	BMBC Enforcement and Community Safety	£18,883 21 months	1 st April 2016 Contract complete
Love Where You Live	Environmental Enforcement	Kingdom Security	£55,796 Per annum (+1 + 1 year + 1 year)	1 st April 2016
Love Where You Live	Environmental Enforcement	BMBC Enforcement and Community Safety	£10,800 (+1 year + 1 year + 1 year)	1 st April 2016
Love Where You Live	Environmental Enforcement	District Enforcement	£60,000 Per annum (+1 + 1 year + 1 year)	1 st April 2019
Love Where You Live	Environmental Enforcement	BMBC Enforcement and Community Safety	£20,000 Per annum (+1 year + 1 year + 1 year)	1 st April 2019
Love Where You Live	Parks Equipment	BMBC Parks Services	£10,000 £7,000 £10,000 £5,000	1 st April 2014 1 st April 2015 1 st April 2016 1 st April 2017
Love Where You Live	Biodiversity Project - Hedgehogs	Various	£2,000	9 th June 2016

Thriving and Vibrant Economy	Rapid Response Team	Barnsley Community Build	£24,000	1 st August 2015 Contract complete
Thriving and Vibrant Economy	Apprentices and Employability	Barnsley Community Build	£245,00 (+1 year + 1 year + 1 year)	1 st July 2016
Thriving and Vibrant Economy	Private Sector Housing Management Officer	BMBC Enforcement and Community Safety	£35,000 Service Level Agreement+ £800 Safety Equipment	June 2016
Thriving and Vibrant Economy	Undergraduate Placement	Leeds University	£18,500	September 2016 Completed

Young People	Summer Holiday Internship 2015	C&K Careers	£45,000 18 months	9 th March 2015 Contract completed
Young People	Summer Holiday Internship 2016	C&K Careers	£31,550 18 months	1 st March 2015 Contract Completed
Young People	Youth Development Grant	Local Community Groups and Organisations	£130,00 ongoing	3 rd October 2014
Young People	Dance and Theatre Performance	QDOS	£9,000	November 2015 Contract completed

Health Lifestyles	Older People's Project	Royston and Carlton Community Partnership	£20,646 9 months	1 st December 2015 Contract completed
Healthy Lifestyles	Shopability	Barnsley Community Foundation	£7,824 6 months	1 st September 2015 Contract completed
Healthy Lifestyles	Fit Reds	Barnsley FC	£19,655 18 months	1 st October 2015 Contract completed
Healthy Lifestyles	Fit Me	PSS Health Trainers	£11,600 18 months	18 th September 2015 Contract completed

Healthy Lifestyles	Stop Smoking Community Outreach	South West Yorkshire Partnership	£30,000 12 months	April 2018
Healthy Lifestyles	Social isolation and Dementia initiative	Age UK Barnsley	£30,000 with £5,000 match 1+1	July 2019

Changing the Relationship between the Council and the Community	Community Magazine	Corporate Communications	Community Magazine	December 2015
	Community Magazine	Community Magazine	Community Magazine	September 2016
and Community Cohesion and Integration	Volunteer Celebration Event	North East Area Team	£3,000	£3,000 completed

Part A Performance Monitoring

The following tables reflect the overview of performance of all the North East Area Council contracted services and projects. This includes performance data gathered for this Report as follows:

- Private Sector Housing Management Officer
Quarter Four April – June 2019
- Healthy Kicks
Quarter One April – June 2019
- Case Studies
- Healthy Kicks
- Community Training Courses

Part B Summary performance management report for each service

Private Sector Housing and Enforcement Officer

Quarter 1, April – June 2019

This quarter has been hugely rewarding at times and frustrating at others, but over the last five or six weeks I feel I have been able to once again carry out my role to the best of my ability. At the beginning of the Quarter I was dealing with a lot of reactive work which was preventing me from carrying out my proactive duties, such were the complexities and difficulties faced with some requests for service. The majority of the reactive work has now been completed however and with the exception of a handful of long, ongoing cases – which are now being dealt with by way of formal action - I have been able in recent weeks to concentrate on getting out to see people and actively looking for problems in certain areas, as well as booking in property inspections.

I dealt with one neighbour dispute that was also an allegation of harassment and spent a lot of time trying to speak to the parties involved, and chasing them up when they did not respond to my visits and/or calls. One party – the private tenant - alleged the other neighbour's daughter (both owner occupiers) was making threats towards them and was continually harassing them over the garden fence, in the street and through the internal walls of the property. I eventually spoke at length with both parties and made it clear that I would consider formal action against the daughter if the harassment did not stop immediately. No further reports have been received and according to the landlord of the family being harassed, everything has been resolved.

Other reactive work that has carried over into Quarter 4 from Quarter 3 included an owner occupier complaining about obstruction of access to his garden by a neighbour, an ongoing noise complaint and allegation of harassment against a housing association tenant due to a dog barking at all hours, an allegation from one person of fly tipping by her next door neighbour, complaints from five different addresses on one street about an owner occupier using his garden as a storage yard for vehicle parts, scrap and rubbish, as well as four anti-social behaviour cases and an unfounded report of overcrowding in a property.

I have proactively picked up on issues including fly tipping, waste on premises, dog faeces on premises, littering, overgrown gardens, unsafe walls and outbuildings, waste management, a potential overcrowding/unlicensed HMO property and of course, housing disrepair, but I have spent considerable time this Quarter supporting and assisting some tenants who were in absolutely desperate need of help and it is this that has provided me with the most satisfaction. It is hugely satisfying to be able to signpost people in need to something that will greatly assist them, and often are completely unaware of.

This quarter I have dealt with five fly tipping jobs, which were all self-referrals. No evidence was found as the fly tipped waste consisted of white goods, furniture and asbestos. One job was an allegation by one tenant against her next door neighbour who, it was claimed, had fly tipped a large amount of waste into her back garden. After further investigation, evidence originating from the complainant's own house was found within the bags of waste and she has now been given instructions to remove the waste from her garden.

I have carried out **9** property inspections during Quarter 4, with disrepair noted as follows:

- 3 Damp and mould growth
- 1 Lighting
- 1 Domestic hygiene, pests and refuse
- 2 Entry by intruders
- 1 Personal hygiene, sanitation and drainage
- 2 Falling on stairs
- 1 Electrical hazards
- 1 Flames, hot surfaces etc
- 2 Structural collapse and falling elements
- 1 Falling between levels
- 1 Excess cold
-

One property had no issues at all and the others required repairs due to one or more of the above.

This Quarter I have taken action against tenants of numerous properties due to waste on premises. In total, 35 jobs regarding waste on premises have been recorded on Civica with informal action taken by way of either a doorstep chat, a telephone call, an informal letter or a combination of the three. Around ten others were dealt with at the time of my visit, and the matter was resolved immediately. More formal action, for example, a Community Protection Notice (CPN) written warning was taken against either the tenants, the landlord or both at just three addresses, as the required outcome was reached via informal means in the majority of cases. Examples of waste found on premises this Quarter include household furniture, bags of household waste, white goods, building materials, dog faeces and car parts.

I continue to try to speak to occupiers to try and resolve any issues without formal action and this assists me greatly as I regularly encounter tenants with other problems that may need addressing. I meet many tenants with physical disabilities who are simply unable to sort their waste problems out alone so I prefer to look for other ways to solve a problem garden where possible.

I have served CPNs on three properties however, where there have been long standing issues from previous quarters and where the occupiers have previously told me they would clear their land without the need for formal action, but taken no steps to make any improvements. I continue to discuss the legislation with the tenants and the Council's options if they do not rectify a situation and although some people clearly do not keep their promises, the majority do.

Referrals this quarter have been made to other services and partners as follows:

- **Mental Health Access Team** – 1 person referred
- **Citizens Advice Bureau** – 7 people referred for various issues
- **Better Homes** – 1 household referred regarding central heating/boiler issues
- **Warm Homes team** – 3 households referred for assistance with energy efficiency and tariffs
- **Rotherham and Barnsley MIND** – 1 person referred for self-help with anxiety and depression
- **Food Bank** – 1 person referred
- **Council tax support** – 3 people referred
- **Housing benefit support** – 3 people referred

- **DIAL** – 4 people referred
- **Domestic violence/vulnerabilities** – 2 people referred
- **RSPCA** – 2 households referred due to concerns over animal welfare
- **Uswitch.com** for energy bill savings – all households are referred to uswitch.com concerning their energy bills and the potential for reducing them, saving tenants hundreds of pounds over a year – helped 1 tenant apply online

I have attended three litter picking events in Grimethorpe this quarter as part of the North East Area Council's Tidy Mornings. These have continued as a result of the success of the Great British Spring Clean last quarter and I continue to push and promote the events when I am talking to tenants and other residents in the village, as well as trying to encourage people to carry out their own litter picks. The monthly litter picks will initially continue in August and September and I am hopeful that we can raise enough interest to make them a permanent event if not fortnightly, at least monthly.

Help clean up our streets

Join us for our **Grimethorpe Tidy Mornings**

Meet at
New Options Community Fitness
 St Luke's Road, Grimethorpe, S72 7FN
 Time 10:30am to 12 noon

Wednesday 24 April
Wednesday 22 May
Wednesday 26 June
Wednesday 24 July
Wednesday 28 August

Join us for 2 minutes or 30 minutes.
 Every piece of litter picked up counts.
 All equipment provided.

For more information contact David C Gill Community Development Officer
 T: 01226 775551 M: 07786525064E: davidgill@barnsley.gov.uk

North East Area Council
 North East Ward Alliance
 Live where you Live

I have worked closely with several other agencies and partners this quarter including South Yorkshire Police, South Yorkshire Housing's My Best Life social prescribing, Berneslai Homes, South Yorkshire Fire and Rescue and other departments within the Council including Building Control, Neighbourhood Services and Pest Control. I have been able to spend a lot of time within the last month door knocking and proactively looking for issues in neighbourhoods across the North East of the borough. Walking from door to door is a good way of getting to talk to people about problems on their street or finding out about other issues in the vicinity and I am also able to pick up on any waste on premises matters that I come across. I have begun to focus more on areas where I have had little intervention in the past and as I am receiving minimal reactive work now, I expect to be able to concentrate on these areas as well as my usual patches.

I am actively encouraging people to recycle efficiently, reduce their use of single use plastics and move to reusable, more environmentally friendly items instead. I also encourage residents to help their community a little by picking up litter near their homes or if they go for a walk and make it clear that every piece of litter they pick up counts, whether they spend two minutes litter picking or two hours. People respond favorably but it is difficult to change the mentality of many and I look forward to integrating this more into my role.

Case Study 1



I received a telephone referral from South Yorkshire Housing Association's My Best Life social prescribing team. They have been working with the tenant following a referral from the Mental Health Action Trust (MHAT) and were concerned about disrepair in her home. The landlord had apparently been informed of the disrepair but was refusing to carry out any repairs until the tenant cleared her rent arrears, which she had absolutely no way of doing. The tenant has been very distressed about the lack of repairs because she is hoping to be allowed to have full access to her children again later this year and does not want the condition of the house to endanger her chances. SYHA advised that there were other issues with the tenant and was hopeful I would be able to help her out.

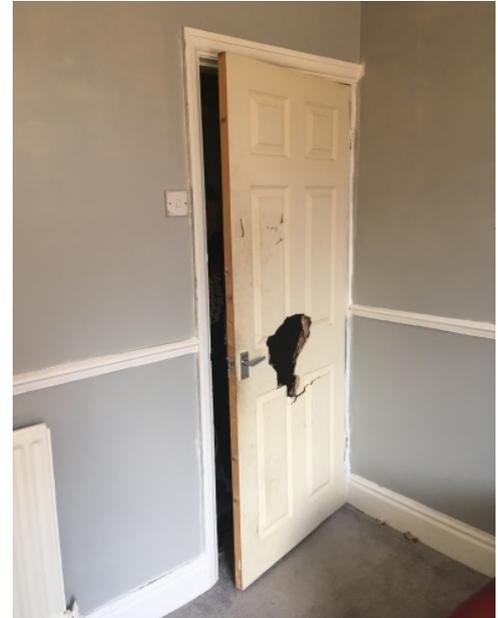
After two cancelled appointments due to the tenant and her mother's ill health, I visited the property and carried out a full inspection. There were several issues identified including dangerous electrical sockets, front and rear doors with failing locks and broken glass, no smoke alarms, no bannister on the staircase, a hole in the roof, an unsafe loft hatch, faulty cooker hobs which were on and dangerously hot all the time unless turned off at the wall, a condemned oven which was unusable as it produced thick black smoke every time it was used, several missing internal doors, collision hazards, a blocked fall pipe resulting in huge amounts of wastewater spilling out onto the garden and the backings, and a large amount of rubbish under the kitchen in a storage space which was a haven for vermin. Minor issues included electrical sockets that were unusable due to being too close to the floor meaning wires from plugs would not fit; a cupboard door that would not stay closed, albeit above head height; temperamental bath taps that were difficult to use, hot pipes that were not boxed in and a prepayment meter that the tenant cannot reach without standing on a chair.

As well as this, the tenant was obviously in need of some support with other issues. She was frightened to report her landlord – I made it clear to her that I would inform the landlord that she had not complained to BMBC and that I was the one proactively investigating and therefore complaining – and she did not want to ask him to do the repairs anymore because she felt it was pointless and that he would just get angry with her due to the rent arrears. He has allegedly threatened her with eviction in the past due to repairs and was scared that if this happened again there was no way she would be allowed to get her children back. The tenant also suffers from anxiety and depression – not helped by her situation with her children or the lack of repairs in the house – and although she had been prescribed antidepressants at some point and referred by her GP to MHAT in Cudworth, was told they could not help her. She felt that only SYHA had been interested in helping her so far. She has a history of suffering from domestic violence in a former relationship and the alcohol addiction she now seems to be recovering from was she feels a direct result of that relationship. The tenant also suffers with other health problems including dyslexia and she has difficulty with reading.

The tenant informed me that she did not know exactly what her rent arrears amounted to. The amount she quoted was around half of what the landlord had told her she owed. I enquired whether or not she had any money that she could put towards paying off some of the arrears and advised her to pay what she felt she could to try and appease him. She telephoned him while I was present and told him she would pay

£450 or so the next working day. I advised her that I would telephone the landlord after she had been to pay him, to see what he had said. She went to pay him but he was not in the shop he owns and understandably, she was reluctant to leave it with another member of staff whom she had never seen before. The same night, the landlord visited her house at 10pm “demanding” rent and called her phone at 7am the following day shouting “no rent, no repairs”.

I telephoned the landlord of the property and aired my concerns. He was immediately very defensive and abrupt, complaining about the rent arrears. I promised him that I would be spending some time working together with other agencies to try and get the tenant back on track with her rent and that I would be supporting both her and him to try and get their tenant/landlord relationship back to normal. I also reminded him of his responsibilities as a landlord to the safety of his tenant - regardless of any rent arrears - and in particular my concerns over his failure to provide any smoke alarms in her home at the beginning of her tenancy and the subsequent offence committed. He backed down once I informed him of my intention to serve an improvement notice and asked for a list of the repairs required. He said he knew of them all except for the back door lock and promised to get somebody out the same day to measure up for new doors (despite telling me and the tenant he already had them ready and waiting) and to look at the other matters raised. He telephoned the tenant the same day and told her the same. She said his whole attitude towards her had changed to one of friendliness and positivity, once I had spoken to him.



I told the landlord I would refer the property to South Yorkshire Fire and Rescue for smoke alarm installation – they came the very next day and installed new alarms. By the following week, some of the repairs had been carried out already but some were outstanding. The landlord apparently told the tenant’s sister that he was considering eviction over the rent arrears. I asked the tenant to find all the receipts she had ever got from the landlord. I also asked the landlord to give me a list of all the rent arrears he thought were outstanding, so that I could liaise with the tenant and work out exactly what had been paid and when. I told him I had heard about his threat of eviction and reminded him again about his responsibilities and the smoke alarms etc, and that I understood his situation, but that I would be doing everything I could to get the arrears resolved for him. He told me he understood the tenant’s situation and had done her a favour when she first moved in, knowing how desperate she had been for somewhere to live. I thanked him and told him I wanted to try and get her back on her feet again because as he was aware, she had been through a lot and was struggling, although she was determined to get back to being herself, but that he would need to give me the chance to help her do so which would obviously take time. He promised me he would allow me to try and sort this out for them both and since then, has worked with me and the tenant to rectify the issues. He provided me with a list of the arrears, which did not match the receipts the tenant had for payments made, which has obviously made things more difficult to sort out. He is currently checking his records but the difference is over £600. He also promised me a joiner would attend the same week to repair/install some doors and a bannister for the staircase, which did not happen. The following week, a relative of the tenant fell down the stairs from top to bottom fracturing two ribs and his coccyx. The bannister was installed shortly afterwards and all the internal doors were replaced/installed.



I have since helped the landlord complete an application for housing benefit to be paid directly to him instead of the tenant and the application is currently being processed. This will also allow him to get back some of the rent money he is owed, once we can all agree on what has been paid. Some minor repairs are outstanding but the urgent work has now been carried out with some scheduled for the coming days (front and back door). The rubbish has been cleared from the outhouse and the vermin dealt with. The tenant has not seen any mice or rats on her property since. The landlord has been understanding for the most part since I met him to discuss arrears and seems to be on the tenant's side now, which is good for all concerned.

I encouraged the tenant to contact Rotherham and Barnsley MIND, to apply for a free course to help with managing her depression. I provided them with the supporting letter that they requested from me and she is now waiting for a start date for the course. The tenant was also unaware of help she could receive with council tax and DHL and I have assisted her/helped her complete and submit the application forms required, as well as with supporting letters she was asked to provide as proof she was working with SYHA and me. She is in touch with me frequently to ask for advice and signposting for help and I felt the need to refer her to the Barnsley food bank one week as her financial situation was so bad. She is massively more positive now than she was when I first met her in May and the improvements she has made to help herself with the support and guidance I have tried to offer her, are hugely satisfying to see given how much she had seemed to have given up back then. She has told me that she is very grateful for the help I am giving her and feels that without this she would have descended mentally into a place she "really would not want to go". When I first met her she was clearly distressed and frequently in tears. She says she has come quite a long way to sorting everything out since my intervention and is seeing the positives in life again.

I will of course be continuing to work with the tenant and her landlord to ensure her situation and house improves to the extent that I feel be able to close her file, but have told her she can contact me directly once we are at that stage if she needs to do so.



Case Study 2



An ongoing reactive case from Quarter 3 has progressed from informal action to formal action with a CPN written warning. The owner occupier has been reported on several occasions over the last few years for accumulating amongst other things, car parts, scrap, timber, windows, pallets and large amounts of what most people in the vicinity consider to be rubbish. I have previously tried to involve BMBC's planning, pollution and pest control teams without any successful resolution.

Having spoken to the occupier on several occasions in the past about taking steps to reduce the accumulation and received promises from him that he would start to sort it all out, I was disappointed to see on a revisit that he was actually accumulating more and more. Some of the car parts he keeps because his hobby is working on cars elsewhere. He has accumulated lots of car parts over the years and even inherited a lot from his father last year, but has nowhere to store them, so has been keeping them in his garden, back yard, garage and in vehicles parked on his land. The gentleman appears to understand why others have complained so much.

Due to the number of complaints received whilst dealing with this case and failing to persuade the gentleman to sort out his premises once and for all, it was necessary to serve the CPN written warning for removal of the items either for disposal or for storage in a proper facility which would not be detrimental to people in the locality of his house. I spoke at length with the gentleman and advised him to start clearing the items away quickly and sorting out what he did and did not want to keep. If works in default are carried out on his behalf, it will cost him more financially and he will also lose all the car parts he wants to keep. I have arranged to meet the gentleman onsite in the second week of July to see what progress – if any – has been made. At that point I will make a decision on whether or not to serve a full Community Protection Notice. The gentleman has quite recently had a vehicle set on fire, been robbed of valuable parts he left in his garden and has allegedly been the subject of harassment from neighbours over his activities. South Yorkshire Police have been/are involved, and I will make a referral to BMBC Victim Support if he is not referred by SYP to their own of VS officer.

If the case goes to CPN, it is likely that the gentleman will receive another four weeks to comply, given the size of the task ahead. He has assured me has made a start and has arranged for a lot of things to be taken away before the warning expires on July 9th.



Case Study 3

A property in xxx is occupied by an elderly lady living alone. Her back garden is full of scrap metal and general rubbish and her driveway contains old cars, vans, hot dog stalls and other bits and pieces of waste. I have tried for weeks and weeks to make contact with this person. I visited on numerous occasions, sent letters to her and enquired with neighbours about her, but without success. I reluctantly sent a letter to her warning her of the potential for formal action against her, and on one revisit shortly



after my letter was sent, saw a gentleman sorting through the waste on the drive. I parked my car, went back to see him and he was gone. There was no answer at the door either. I put the case on hold as it seemed that somebody was doing something about the problem but when the deadline date arrived, no improvements had been made. Reluctant to progress with a CPN written warning given the occupier's age and the fact she lived alone, I visited again to speak to her without success. I carried out a joint visit with a colleague due to my concerns, with the intention of trying to get the



occupier to understand the implications of ignoring my letters and business cards. We knocked on the door and a voice shouted "come in". We opened the door and the elderly lady was sitting on the toilet immediately next to the door. We made our apologies and waited until she called us back in. It was immediately obvious that there was no way this person would be able to do what I had been asking her to do. She was very frail and confused as to why we were there. After several attempts to explain what was happening, the gentleman she told us that

stayed with her a lot walked into the house. Much of the waste is his and he told us he had been trying to get rid of it all but had been unlucky with money, broken down vehicles, theft and suffering from respiratory illness.

We made it clear to him that the matter needed resolving quickly as it had gone on for long enough. I offered him 4 weeks to make a significant improvement to the premises and he said he only needed 2 weeks. I hand delivered a letter to him that day to follow up what had been agreed and will meet him onsite before the end of the first week in July to check on progress.



I will be speaking to the gentleman about the lady at the house on my revisit to see how she is coping and whether or not she has any other help. She

does have family who live relatively closely, but the condition of her home suggests that she may not be coping too well with her frailties and I want to pick this up for her and perhaps talk to family members with her permission.

Case Study 4

A lady in xxx complained about waste in her garden that was apparently fly tipped by her next door neighbour. She informed that the waste was making her life a misery and meant that she did not want to spend the night at her home as it kept happening, instead preferring to stay with her partner. This complaint followed on from a previous waste on premises complaint from the neighbour she alleged was fly tipping. She told me she was unable to let her cat out of the house before it died as she was afraid it would hurt itself on the rubbish in the back garden. Pest control had already visited and found no evidence of vermin, but advised me that this was a neighbour dispute. The lady provided me with a timeline of events and admitted taking some white goods onto her garden from the backings, as she feared BMBC may blame her for dumping them.



I agreed to visit and look through all the bags of waste – approximately 30 – to look for evidence to prove their origin. In the majority of bags I found household waste including cat food tins and the contents of cat litter trays and in many, I found paperwork addressed to her own name and address. The waste had clearly not been fly tipped by her neighbour and appeared instead to have been stacked up outside her back door over months. I have since written to the lady with my findings and have yet to receive a response. I have also spoken to her landlord about the matter and he advised he would speak to her about having the waste removed. I am shortly due to revisit and if the situation has not improved, I will serve a CPN written warning.

Case Study 5



xxxx Street in xxxx is a regular visit for me as I try to keep on top of various issues there. A recent visit produced six new self-referrals and there also appears to have been an increase in littering on the street as well as dog fouling. I have sent warning letters to all houses on the street about the problems, warning potential offenders of the penalties faced for these offences. I have issued similar letters to all properties backing onto xxx Street in Grimethorpe and to those on xxx Street itself, in an attempt to reduce the amount of waste that is

appearing in gardens and on the streets. I have received no feedback at all from these general letters other than when I was stopped in the street by one tenant and I have increased my patrols and micromanagement of these streets to more regularly check the backings and gardens for problems. I did receive a lot of feedback on letters involving individual properties on xxx Street and am working with landlords to try and prevent their tenants from leaving rubbish in their gardens. Some properties are empty – often without the landlord being aware - and these tend to be a magnet for fly tipping and I have successfully encouraged some property owners to secure their gardens to prevent people entering.

Fit Reds in the Community**Youth Development Working Together Fund****Healthy Kicks****Quarter 1, April – June 2019**

 **REDS** IN THE COMMUNITY

HEALTHY KICKS

THE HEALTHY KICKS PROGRAMME OFFERS PUPILS AN OPPORTUNITY TO GET INVOLVED IN PHYSICAL ACTIVITY AS WELL AS PROVIDING THEM WITH VALUABLE INFORMATION ON HOW TO EAT AND LIVE MORE HEALTHILY.

YOUR SCHOOL WILL RECEIVE:

- 1 HOUR HEALTHY EATING WORKSHOP -
- 1 HOUR PHYSICAL ACTIVITY WORKSHOP -

FOR Y3, Y4, Y5 AND Y6

THE ACTIVITIES ARE BASED ON THE DEPARTMENT FOR HEALTH'S 'THE EAT WELL PLATE' AND THE BENEFITS OF PHYSICAL ACTIVITY.

BOOK YOUR SCHOOLS HEALTHY KICKS SESSION TODAY BY CALLING US ON 01226 211333 OR EMAIL KIERON.CAMPBELL@BARNESLEYFC.CO.UK

North East Area Council
Supporting Education, Skills and Training

HEALTHY LIFESTYLE PROGRAMME

KNOWLEDGE

100% OF PUPILS INCREASED THEIR
KNOWLEDGE OF HEALTHY LIFESTYLES



**PUPILS
ENGAGED**

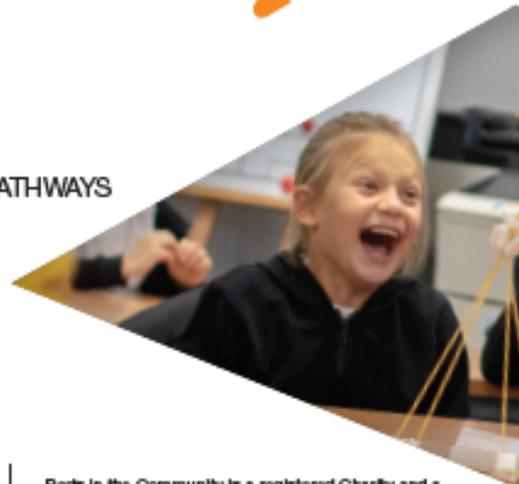
100% ENHANCED

KNOWLEDGE OF THE EATWELL PLATE



100%

232 PUPILS HAVING POSITIVES PATHWAYS
PROMOTED DURING SESSIONS



Reds in the Community
Oakwell Stadium
Grove Street
Barnsley
S71 1ET

01228 211333
community@barnsleyfc.co.uk
barnsleyfccommunity.co.uk
twitter.com/bfccommunity
facebook.com/redsinthecommunity

Reds in the Community is a registered Charity and a
Company Limited by Guarantee registered in England
and Wales. Charly Number 1118735. Company Number
8081731. Registered Office: Oakwell Stadium, Barnsley,
South Yorkshire S71 1ET



Corporate Outcomes:

- **People Achieving Their Potential,**
Outcome Nine People are healthier, happier, independent and active.

Brian Curry attended the Fit Reds session at Outwood Academy Shafton which was delivered for eight weeks during May and June 2019. The 55-year-old's motivation for signing up to Fit Reds was to get fit, lose weight and to enjoy the social element of the programme.

Brian managed to achieve all three of his goals across the eight sessions. He lost 2.8 kg and 6cm's from his waist circumference while he now takes part in exercise eight times a week as opposed to three times a week at the beginning of the course. In addition to this, the classroom based workshops have seen him increase his fruit and vegetable intake to five portions per day alongside giving him a far greater knowledge of how to keep a healthy heart.



Brian has also been able to take advantage of the social aspect of Fit Reds. Having been a core member of the group during the Outwood Academy Shafton course, Brian was looking to stay involved with the programme going forward. In order to maintain his progress so far and become healthier still, Brian has now started attending the Fit Reds Vets football sessions which take place on a weekly basis at Oakwell.

Fit Reds Health Officer Sean Margison led the course at Outwood Academy Shafton and was impressed with Brian's attitude, commitment and results from the Fit Reds programme.

"Brian attended with a great attitude from session one of the programme and maintained this throughout the eight weeks to achieve his desired results," said Sean. "His commitment also saw him alter his diet away from the sessions as his food diaries improved week by week. What is particularly pleasing to see is that Brian has clearly developed through both the classroom and physical exercise aspects of the programme. Alongside losing weight, six centimeters from his waist and increasing the amount of exercise he takes part in; he's also improved his knowledge about living a healthy lifestyle which is just as important."

Alongside improving his own health, Brian was keen to support other participants to do the same. Fit Reds is a friendly and supportive group, but Brian went above and beyond in pushing the other participants to achieve their own goals. Fit Reds is a programme where you get out what you put in and Brian has been a great example of this. I'm glad that he's going to continue his involvement through the Fit Reds Vets."

Please watch the attached video to hear Brian's thoughts about his experience with the Fit Reds programme.

<https://www.facebook.com/RedsintheCommunity/videos/2554351371459171/>

Community Training Courses

Community Training Courses are being facilitated for members of the Ward Alliances and local Community Groups in the North East Area Council area to help to increase the participants' knowledge, and help with the future sustainability of groups.

Corporate Outcomes:

- Strong and Resilient Communities,
Outcome 10 – People volunteering and contributing towards stronger communities.
- People Achieving Their Potential,
Outcome Nine People are healthier, happier, independent and active.

North East Area Council
Cudworth, Monk Bretton, North East, Royston

FREE VOLUNTEER TRAINING



FIRST AID

When - Friday 13th of September
Where - Bow St Offices, Cudworth
Time - 9.30am to 4pm

Full day course - There is a small written exam to be completed at the end of the day.
For more information or to book a place please email - christiemcfarlane@barnsley.gov.uk or telephone 773287 / 775551

*Please note that places are limited and subject to availability. Refreshments will be provided but you will need to bring your own lunch.



North East Area Council
Cudworth, Monk Bretton, North East, Royston

FREE VOLUNTEER TRAINING



FOOD HYGIENE

When - Friday 27th of September
Where - Bow St Offices, Cudworth
Time - 9.30am to 4pm

Full day course - There is a small written exam to be completed at the end of the day.
For more information or to book a place please email - christiemcfarlane@barnsley.gov.uk or telephone 773287 / 775551

*Please note that places are limited and subject to availability. Refreshments will be provided but you will need to bring your own lunch.



Caroline Donovan
North East Area Council Manager
September 10th, 2019